

Willamette Vally Medical Center



Monday 14-Aug	Tuesday 15-Aug	Wednesday 16-Aug	Thursday 17-Aug	Friday 18-Aug
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MEATLESS



FlavorPort



Spinach Mozzarella and
Mushroom scramble

French Toast Sticks

fresh market scramble

jumbo cinnamon rolls

Blueberry Waffles



Entrées

Roast Chicken Breast
with Herb Cream Sauce

Pork Carnitas

Pot Roast

Meatball Marinara

Bronzed Salmon

Stuffed Shells Topped
with Pesto

Shrimp Tacos

Chicken Stew

Chicken Alfredo

Jerked Chicken with
Pineapple, Peppers &
Onions

Vegetables

steamed broccoli

Black Beans

Roasted Carrots and
Onions

Cheesy Cauliflower

Roasted Asparagus

Roasted Carrots

Fajita Vegetables

Steamed Broccoli

Green Beans With
Carmilzed Onions

Roasted Squash

Starch

Wild Rice

Cilantro Rice

Bacon Mac & Cheese

Penne

Coconut Rice

Mashed Potatoes

Corn

Herb Roast Potatoes

Linguine

French Fries



Fried Mushroom with
Dipping Sauce

Chicken Crispito

Hot Wings

Fried Mushrooms



coming soon

coming soon

coming soon

coming soon

coming soon



Mediterranean
Vegetable

Chicken Tortilla

Roast Poblano and
White Cheddar Soup

Chicken & Wild Rice

Clam Chowder

Breakfast: 7 am-10am Lunch: 11:00am-2pm

Menu items are subject to change without notice due to product availability